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PRODUCT: Woodland Way™ in custom colorway

A BETTER WORK ENVIRONMENT

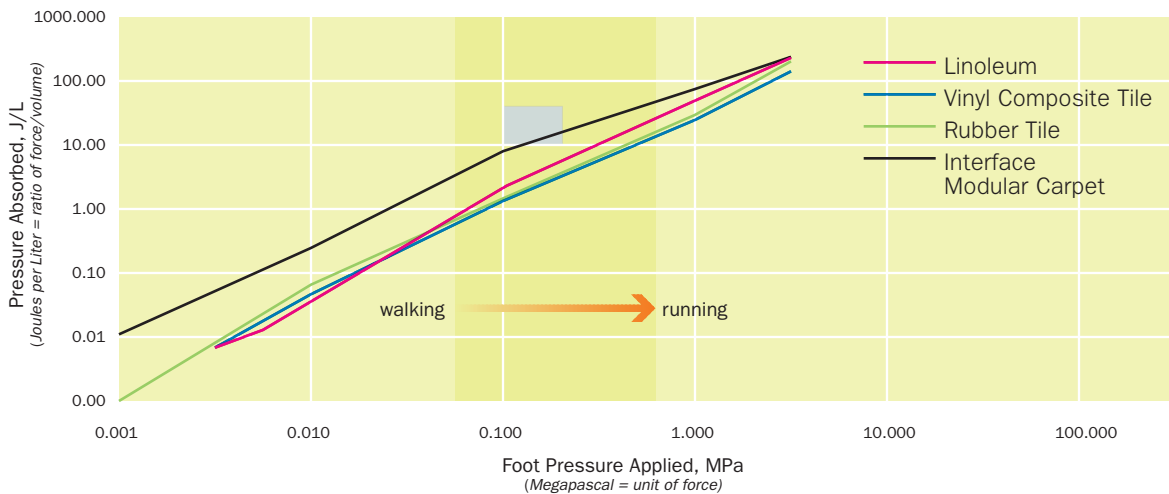
Workplace fatigue is a significant problem for nurses and staff in the healthcare industry. The nursing job can be physically demanding as a result of having to stand for long periods during the work day. One way to reduce fatigue and help create a better work environment is to use high performance soft surface floorcoverings like modular carpet from Interface Flooring Systems.

Caring for the Caregiver

The physical symptoms of workplace fatigue include swelling of the feet and lower legs, poor blood circulation and reduced postural stability or balance. During long periods of standing, blood tends to pool in the feet and lower legs, causing swelling and discomfort. Swelling can restrict blood flow to the muscles, reducing their supply of nutrients and oxygen, causing them to fatigue more rapidly.

Fatigue can result in chronic injuries such as plantar fasciitis or economic consequences such as lower productivity. It also has the potential to increase the risk of slips, falls, accidents and errors of judgment – all of which present significant hazards in the healthcare environment. One solution is the use of softer flooring surfaces, particularly in areas where staff is required to stand for extended periods of time.

How Various Surfaces Absorb Pressure and Minimize Fatigue



- This chart illustrates the capacity of four different types of surfaces to absorb pressure or energy generated from activities like standing, walking, running, etc.
- The yellow shaded box is the “normal range” of foot pressure - this represents what nurses and other healthcare staff members do during the work day, from walking to running.
- If the floorcovering travels through the blue box (which is the ideal level of response to pressure), it does the best job of minimizing fatigue symptoms.
- Note how the engineering properties of the modular carpet surface and backing make it an ideal anti-fatigue surface as compared to hard surfaces like linoleum, vinyl and rubber flooring.

*Tested by an accredited testing laboratory. Complete test results available upon request.